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ABSTRACT

The revised 1974 bibliography on physical education contains an annotated listing of approximately 75 books, articles, periodicals, newsletters, films, slides, and videotapes for use in programing for visually impaired persons. Activities covered include adapted, corrective, and developmental physical education; swimming; athletics; dance; motor skills; recreational activities; movement; perceptual-motor activities; and hobbies. Subjects such as curriculum design, research, and integration with nonhandicapped students are also treated. Books and publications are available in Braille and large type from the American Printing House for the Blind. (Author/LH)

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FROM: Wanda L. Burnette
Administrative Program Assistant

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Bibliography on Physical Education - 1974

American Association of Health, Physical Education and Recreation (1201 Sixteenth St. N.W., Washington, D. C. 20036), PHYSICAL EDUCATION AND RECREATION OF THE VISUALLY HANDICAPPED, 1974. 67 pp. $2.95.

A concise booklet written primarily for physical educators and teachers in public schools.

American Foundation for the Blind (15 W. 16th St., New York, N. Y.), INTEGRATING BLIND AND VISUALLY HANDICAPPED YOUTHS INTO COMMUNITY SOCIAL AND RECREATIONAL PROGRAMS.

There is no charge for this "how-to-do-it" pamphlet.

American Printing House for the Blind (1839 Frankfort Ave., Louisville, Ky.), SUGGESTED ACTIVITIES FOR THE DEVELOPMENT OF SOUND LOCALIZATION SKILLS.

This 18-page pamphlet gives ideas for using their goal locator.

Arnheim, D., Auxter, D. & Crowe, W., PRINCIPLES AND METHODS OF ADAPTED PHYSICAL EDUCATION, St. Louis, Mo., C. V. Mosby, 1973. Second Edition. 460 pp.

Most space devoted to information on handicaps and less attention given to practical programming. Suitable for college classes.

Belenky, Robert, A SWIMMING PROGRAM FOR BLIND CHILDREN, New York, American Foundation for the Blind, 1955. 44 pp.

The most complete reference on swimming for blind children.

Buell, Charles, PHYSICAL EDUCATION FOR BLIND CHILDREN, Springfield, Ill., Charles C. Thomas, 1966. Paperback, 224 pp.1974. $7.95.

It covers sports, games, relays, races, contests, achievement scales, and curricula.

_____, RECREATION FOR THE BLIND, New York, American Foundation for the Blind, 1951. 40 pp.

Descriptions of activities for visually handicapped children.

_____, MOTOR PERFORMANCE OF VISUALLY HANDICAPPED CHILDREN, Ann Arbor, Mich., Edwards Brothers, 1950. 125 pp. (Out of print. Summary available from author.)

A Doctoral dissertation involving 865 children.

Case, Maurice, RECREATION FOR BLIND ADULTS, Springfield, Ill., Charles C. Thomas, 1966. 208 pp.

Many adult activities can be used for youth groups.

Chapman, A. & Cramer, M., DANCE AND THE BLIND CHILD, American Dance Guild, (245 W. 52nd St., New York, N. Y.), June, 1973. 17 pp. 75¢.

The experience of teaching a blind child in a class of sighted children. There are 8 pages of lesson plans.

Cratty, B. J., MOVEMENT AND SPATIAL AWARENESS IN BLIND CHILDREN AND YOUTH, Springfield, Ill., Charles C. Thomas, 1971. 240 pp.

Clinical observations and research evidence presented to aid children to move and deal with space more effectively.

Cratty, B. J., Sams, T. A., THE BODY IMAGE OF BLIND CHILDREN, New York, American Foundation for the Blind, 1968. 72 pp.

A basis to organize program of training in space concepts.

Daniels, A. S., Davies, E. A., ADAPTED PHYSICAL EDUCATION: PRINCIPLES AND PRACTICE OF PHYSICAL EDUCATION FOR EXCEPTIONAL STUDENTS, New York, Harper and Row, 1965. 540 pp.

A discussion of activities for blind children is included.

Fait, Hollis, SPECIAL PHYSICAL EDUCATION: ADAPTED, CORRECTIVE, DEVELOPMENTAL, Philadelphia, W. B. Saunders, 1972. 440 pp.

One chapter is devoted to physical education for blind children.

HIRING THE HANDICAPPED IN RECREATION, President's Committee on Employment of the Handicapped, Washington, D. C. 20210.

Tells about several successful placements.

Hirst, C. C. & Machael, E., DEVELOPMENTAL ACTIVITIES FOR CHILDREN IN SPECIAL EDUCATION, Springfield, Ill., Charles C. Thomas, 1972. 272 pp. $15.75.

Gives some attention to blind children.

Kratz, Laura, MOVEMENT WITHOUT SIGHT, Peek Publications (Box 11065, Palo Alto, Ca.), 135 pp. Paper back. 1973.

Some of the areas discussed are posture, locomotion, fitness, individual activities, stunts, rhythms, dance, evaluation, motivation and special methods. Full-page photographs included.

Kraus, Richard, THERAPEUTIC RECREATION SERVICE: PRINCIPLES AND PRACTICES, Philadelphia, W. B. Saunders, 1973. 234 pp. $9.00.

Various handicaps are satisfactorily described, but discussions on practical programming are limited.

Lende, Helga, BOOKS ABOUT THE BLIND, New York, American Foundation for the Blind, 1953. 357 pp.

References on physical education before 1953 given.

Logan, Gene, ADAPTED PHYSICAL EDUCATION, Dubuque, Iowa, Wm Brown Co., 1971. 254 pp. $6.50.

Designed for college theory courses. Information is general.

Los Angeles City Unified School District, SEQUENCED INSTRUCTIONAL PROGRAMS IN PHYSICAL EDUCATION FOR THE HANDICAPPED, 1970. 336 pp.

A practical guide for physical educators who have handicapped children in their classes in public schools.

Lowenfeld, Berthold, THE VISUALLY HANDICAPPED CHILD IN SCHOOL, New York, John Day, 1973. 384 pp.

Three pages are devoted to physical education and recreation. Physical educators can up-date themselves on other aspects of educating blind children.

Michigan State University, PHYSICAL EDUCATION AND RECREATION FOR THE VISUALLY HANDICAPPED, 1967. 223 pp.

A report of a two-week workshop for 60 teachers.

Pomerroy, J. RECREATION FOR THE PHYSICALLY HANDICAPPED, New York, MacMillan Co., 1964. 382 pp.

Modifications for a handicap are mentioned only when they are necessary.

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Ritter, Charles, HOBBIES FOR THE BLIND, New York, American Foundation for the Blind, 1953. 52 pp.

Covers hobbies for blind adults and youth.

Seamons, Gloria, SWIMMING FOR THE BLIND, Provo, Utah, Office of Publications, Brigham Young University, 1966. 42 pp.

Experiences in teaching a few blind teen-agers discussed.

Vodola, Thomas, INDIVIDUALIZED PHYSICAL EDUCATION PROGRAM FOR THE HANDICAPPED CHILD, Englewood Cliffs, N. J., Prentice-Hall, 1973. 308 pp.

Book is useful for teachers of the multihandicapped.

Wheeler, R. H., & Hooley, A. M., PHYSICAL EDUCATION FOR THE HANDICAPPED, Philadelphia, Lea & Fiberger, 1969. 352 pp.

Seven pages devoted to visually impaired.

ARTICLES

Briller, S. & Morrison, B., "Teaching Rock and Roll Dancing to Totally Blind Teen-Agers," NEW OUTLOOK FOR THE BLIND, April, 1971.

Experiences of an agency for the blind are described.

Brothers, Roy, "Stimulating Learning Through Physical Activity," PROCEEDINGS, ASSOCIATION FOR THE EDUCATION OF THE VISUALLY HANDICAPPED, 1968. pp. 49-60.

Kephart's outline on perception and motor efficiency is combined with suggestions of physical activities for blind children.

Buell, Charles, "How To Include Blind and Partially Seeing Children In Public Secondary School Vigorous Physical Education," THE PHYSICAL EDUCATOR, March, 1972.

"How-to-do-it" suggestions are made.

_____, "The Status of Physical Education for Visually Handicapped Children," PHYSICAL EDUCATION AND RECREATION FOR HANDICAPPED CHILDREN: A STUDY CONFERENCE ON RESEARCH AND DEMONSTRATION NEEDS, Washington, D. C., American Association for Health, Physical Education and Recreation, and National Recreation and Park Association, 1969.

An up-to-date summary of information from the field.

_____, "Is Vigorous Physical Activity Feasible for Blind Children In Public Schools," JOURNAL OF HEALTH, PHYSICAL EDUCATION AND RECREATION, Feb., 1969. pp. 97-98.

To show the capabilities of blind individuals, wrestling champions and letter winners in other sports are mentioned.

_____, "Physical Education for Blind Children in Public Schools," NEW OUTLOOK FOR THE BLIND, October, 1967. pp. 248-255.

Public school educators point out that blind children participate safely in vigorous physical education.

_____, "Recreational and Leisure-time Activities of Blind Children," INTERNATIONAL JOURNAL FOR THE EDUCATION OF THE BLIND, March, 1962.

Practical hints on integrating blind children into community recreational activities are given.

Curran, E. A., "Teaching Water Safety Skills to Blind Multihandicapped Children," EDUCATION OF THE VISUALLY HANDICAPPED, March, 1971.

A practical program is described in some detail.

Fisher, David, "Blind Students Learn Karate," JOURNAL OF REHABILITATION, (1522 K St. N.W., Washington, D. C. 20005), July-August, 1972. pp. 26-27.

Emphasis placed on the development of kinesthetic awareness, balance, posture, and coordination.

Forman, Edward, "The inclusion of Visually Limited and Blind Children In A Sighted Physical Education Program," EDUCATION OF THE VISUALLY HANDICAPPED, Dec., 1969. pp. 113-115.

The program of a Philadelphia school is described.

Furst, Terry, "Competitive Team Organization," INTERNATIONAL JOURNAL FOR THE EDUCATION OF THE BLIND, May, 1968.

A motivational technique used with blind adults who are multiply handicapped is described.

Hanneman, Ralph, "Bicycles Provide Recreation Opportunities for the Blind," NEW OUTLOOK FOR THE BLIND, Feb., 1968.

A short report which gets to the point.

Hatlin, I. H., "Physical Education for the Visually Handicapped," INTERNATIONAL JOURNAL FOR THE EDUCATION OF THE BLIND, Oct., 1967.

Experiences in a resource room in a public school.

Hayes, Harold, "Sailing Blind," THE NEW BEACON, Dec., 1970, Royal National Institute for the Blind, 224 Great Portland St., London, WIN 6aa, England.

A blind man's experiences sailing in the coastal waters of England.

Hyman, Dorothy, "Teaching the Blind Student Archery Skills," JOURNAL OF HEALTH, PHYSICAL EDUCATION AND RECREATION, April, 1969. p. 85.

Experience with one blind student.

Ingram, A. G., "Children With Impaired Vision Are 'Seeing' Through Touch," JOURNAL OF HEALTH, PHYSICAL EDUCATION AND RECREATION, Feb., 1969. pp. 95-96.

A short description of a program in a public school.

Johnson, Philip, "Physical Education for Blind Children in Public Elementary Schools," NEW OUTLOOK FOR THE BLIND, Nov., 1969. pp. 264-271.

Hints are given for conducting an integrated program.

JOURNAL OF HEALTH, PHYSICAL EDUCATION AND RECREATION, April, 1971. Presents a mini-feature on the visually handicapped.

Buell, Charles, "Physical Education for Visually Handicapped Children".

Hints on integrating blind children in a public school program.

Citron, Lester, "Tin Cans and Blind Kids,"

An activity rarely reported in literature.

Johansen, Gladys, "Integrating Visually Handicapped Children Into a Public Elementary School Physical Education Program."

Goals of the program described.

Miller, Oral, "Blind Bowling,"

Bowling for the blind is described.

JOURNAL OF HEALTH, PHYSICAL EDUCATION AND RECREATION, June, 1970.
Presents a mini-feature on the visually handicapped.

Bolt, N., "The Blind Can Play Softball."

Ways to integrate blind players into high school softball.

Buell, Charles, "What Is the School's Responsibility in Providing Physical Activity for Its Blind Students?"

Practical suggestions of how this is being done in some schools.

Oliver, James, "Physical Education for Blind Children".

Where modifications are needed, practical suggestions are made.

Travena, Thomas, "Are Physical Education Programs Meeting the Needs of Students?" (Also in THE PHYSICAL EDUCATOR, May, 1970).

Hints on integrating blind children into public school physical education are given.

McKay, Nathan, "Notes On Jogging," NEW OUTLOOK FOR THE BLIND, Sept., 1973. pp. 327-328.

Methods of jogging and skating with sighted partners.

Nezol, A. James, "Physical Education For Integrated Blind Students: Its Relationship to Sociometric Status and Recreational Activity Choices," EDUCATION OF THE VISUALLY HANDICAPPED, March, 1972.

The major finding is that blind students, participating in vigorous physical education in public schools are more widely accepted by their sighted peers than are sedentary students.

Parker, Elizabeth, "Movement Exploration and Gymnastics for Visually Handicapped Children," SELECTED PAPERS for 1972, Association for the Education of the Visually Handicapped, Philadelphia, Pa.

A study to test the effects of a gymnastic program on the orientation and mobility skills of young, visually handicapped children.

Pomeroy, Janet, "Recreation for Severely Handicapped Persons in a Community Center," NEW OUTLOOK FOR THE BLIND, Feb., 1972.

A wholesome philosophy toward all handicaps is developed.

Rachun, Alexius, "Vision and Sports," SIGHT SAVING REVIEW, 38:4.

Only a few visually handicapped children need to be excused from vigorous physical education because of eye conditions.

Rand, Marcia, "Dance and Creative Movement for Blind Persons," NEW OUTLOOK FOR THE BLIND, Feb., 1973.

The abilities of blind persons of all ages are discussed.

Resnick, Rose, "Recreation: A Gateway to the Seeing World," NEW OUTLOOK FOR THE BLIND, Nov., 1971.

Activities and their implications for social growth with the sighted.

_____, "Creative Movement Classes for Visually Handicapped Children in a Public School Setting," NEW OUTLOOK FOR THE BLIND, Dec., 1973. pp. 442-447.

Emphasis placed on motor skills, posture, and orientation.

_____, "The Specialized Camp As Preparation for Integration," NEW OUTLOOK FOR THE BLIND, Dec., 1972. pp. 374-376.

The advantages of a camp for the blind are discussed.

Siegel, Erwin, "Postural Compensation in the Motor-Handicapped Blind," NEW OUTLOOK FOR THE BLIND, Dec., 1967.

Ways of overcoming mal-posture are shown through case studies.

_____, "Selected Athletics In A Posture Training Program for the Blind," NEW OUTLOOK FOR THE BLIND, Oct., 1966.

Posture improved by skating, skiing and fencing.

Stephens, Roberta, "Running Free: The Use of a 'Running Cable' With Blind Adolescents Who Function On A Retarded Level," NEW OUTLOOK FOR THE BLIND, Dec., 1973. pp. 454-456.

Use of a running cable in a hospital for the mentally retarded is described.

TODAY'S HEALTH, Jan., 1969, "New Dimensions For Blind Youngsters,"

A typical program of an agency for the blind is described.

Turner, R., Biblarz, A., "Blind People Can Do More Than Tread Water," Braille Monitor, Nov., 1971 (National Federation of the Blind, 2652 Shasta Rd., Berkeley, Ca. 94708).

Techniques on scuba diving are discussed.

Umsted, R. G., "Enhancement of the Function of the Visually Handicapped Through Physical Education and Physical Development," PROCEEDINGS, ASSOCIATION FOR THE EDUCATION OF THE VISUALLY HANDICAPPED. 1968. pp. 40-48.

Physical education goals for the multiply handicapped discussed.

Wienke, Phoebe, "Blind Children In An Integrated Physical Education Program," NEW OUTLOOK FOR THE BLIND, March, 1966.

Suggestions made by a public school teacher.

Wilson, John, "The Blind Climbers of Kilimanjaro," THE SEER, Sept., 1970. (Pennsylvania Association for the Blind, 2843 N. Front St., Harrisburg, Pa. 17110).

Tells of 7 blind climbers conquering Mt. Kilimanjaro.

FILMS, SLIDES, VIDEOTAPES

PHYSICAL EDUCATION FOR BLIND CHILDREN, Campbell Films, Saxtons River, Vermont 05154. Rental is $9.00.

The film shows blind children of all ages participating in a wide variety of activities in public and residential schools.

PHYSICAL EDUCATION OF THE BLIND, 35mm Color Slides, Perkins School for the Blind, Watertown, Mass. 02172.

VIM, VIGOR AND THE VISUALLY HANDICAPPED, Illinois Braille and Sight Saving School, Jacksonville, Ill. 62650.

ADAPTED PHYSICAL EDUCATION FOR VISUALLY HANDICAPPED CHILDREN, a videotape may be borrowed from Special Education Services, 10331 Stanford Ave., Garden Grove, Ca. 92640.

PHYSICAL EDUCATION AND RECREATION FOR BLIND CHILDREN, College of Health, Physical Education and Recreation, Texas Woman's University, (74201) Denton, Texas. A casette tape comes with 80 slides.

NEWSLETTER

BULLETIN FOR PHYSICAL EDUCATORS, Association for the Education of the Visually Handicapped, 1604 Spruce St., Philadelphia, Pa. 19103.

BRAILLE AND LARGE TYPE MAGAZINE

TEEN-TIME, Concordia Publishing House, 3558 S. Jefferson Ave., St. Louis, mo. 63118
Free subscription to blind students. Sports column monthly.

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